HFSA Nursing Newsletter Welcome

Greetings! We are pleased to serve as the co-chairs of the HFSA Nursing Committee, a group of exceptional nurse scientists, clinicians and educators. The Nursing Committee supports the HFSA mission through efforts to engage the nursing membership in HFSA and foster collaboration between nurse clinicians, nurse scientists and other disciplines to accelerate translation of research from “bench to bedside.”

In this newsletter, we highlight some of the exciting opportunities for nurses in HFSA and recognize members who are making significant contributions through leadership, research and clinical practice.

Save the date!!! The 19th Annual HFSA Scientific Meeting will be held in Washington DC on September 26-29, 2015. This year’s program will have important content developed for nursing membership including content on pharmacology, patient care of vulnerable populations, “how to” sessions, and clinical translational science. In addition, we welcome all nurse members to network at the Nursing reception and speed mentoring sessions. We also hope you will join us to recognize the 2015 recipients of the Nursing Clinical Excellence Award, the Leadership Award and hear the presentations by our Nursing Research Award finalists.

Finally, we hope that you will consider the many opportunities that HFSA has for nurses to serve on committees that support of the HFSA mission. A list of committees along with the application can be found on the HFSA website. Or ask any of the Nursing Committee members how to get involved this year!

We look forward to seeing you at HFSA meeting in September and invite you to share any ideas for nursing initiatives.

Best Regards,
Victoria Vaughan Dickson,
PhD, RN, CRNP, FAHA, FAAN
Maria Fe White, MSN, FNP/ACNP-BC, AACC

I. 19th Annual Scientific Meeting – September 26-29, 2015
Gaylord National Harbor • Washington, DC


II. Call for Abstracts Information –
Deadline: April 6, 2015
Developing an Abstract

Overall: Read directions carefully. Tailor the abstract to the specific requirements of the conference. Use suggested subheadings and adhere strictly to word count limit. Do not omit any parts of the abstract. Avoid unfamiliar terms, abbreviations and citations. There are generally five parts to a structured abstract.

1. Background: Give relevant background to set the stage for your purpose. What do we already know about this subject? Provide the reader with enough information to understand the purpose of the study.

2. Purpose: Clear simple statement of what we don’t know and what this study is examining.

3. Methods: This should include research design, sample (including size), setting, duration of study, treatment, primary outcome, and instruments used.

4. Results: This is the most important section and therefore the longest. It should contain as much detail about the findings as the word count permits. Report results that correspond to the purpose statement.

5. Conclusion: This should contain the most important “take-home” message of the study stated in a few precise sentences. The conclusion should link directly back to the primary outcome and other important findings.

For more information please visit: http://www.hfsa.org/hfsa-wp/wp/upcoming-meetings/19th-annual-scientific-meeting-september-26-29-2015/call-abstracts/

HFSA is seeking nominations for the following Nursing Awards for 2015

1. HFSA Clinical Excellence in Nursing Award
Individual selected to receive this award will receive $1000 and complimentary registration to the 2015 HFSA Annual Meeting. The award will be presented at the HFSA 2015 Annual Scientific Meeting. Candidates must be:
   • A registered nurse who works directly with heart failure patients and their families.
   • Must be an HFSA member continuously since January 2013.
   • HFSA Nursing Committee members and past winners are not eligible; however previous applicants can reapply (new application is required). Individuals cannot apply for more than one nursing award in the same year.
   • Candidate may either self-nominate or be nominated by a colleague.

2. Nursing Leadership Award
Individual selected to receive an award will receive $1,000 and complimentary registration to the 2015 HFSA Scientific Meeting. The award will be presented at the 2015 HFSA Annual Scientific Meeting. Candidates must be:
   • A registered nurse.
   • Must be an HFSA member continuously since January 2012.
   • HFSA Nursing Committee members and past winners are not eligible; however previous applicants can reapply (new application is required). Individuals cannot apply for more than one nursing award in the same year.
   • Candidate may either self-nominate or be nominated by a colleague.

3. Nursing Investigator Award
This award recognizes outstanding and innovative research in the field of heart failure by a nurse researcher. Up to 5 finalists are chosen. Candidate must be:
   • a nurse investigator or a student in an accredited nursing program and first author and presenter of the abstract submitted.
   • Candidate cannot be a member of the HFSA Nursing Award Committee. Previous finalists for this award are ineligible. Individuals cannot apply for both the Clinical Excellence in Nursing and Nursing Research Awards in the same year.

Award finalists will be notified on or about (date to be announced). Monetary awards are provided to first and second place presenters. All award finalists receive complimentary registration.

For more information on these awards, please go to: http://www.hfsa.org/hfsa-wp/wp/members-only/awards/
Congratulations to 2014 HFSA Awardees!

2014 Nursing Research Award
First Place:
Carolyn Miller Reilly, RN, PhD
Emory University
Second Place:
Ming Fen Tsai, MD
Chang Gung University of Science and Technology

2014 Nursing Clinical
Karol Harshaw-Ellis, MSN
Duke University Health System-Division of Heart Failure

2014 Nursing Leadership
Sponsored by Cytokinetics
Christopher S. Lee, RN, PhD, FAHA
Oregon Health & Science University

2014 Lifetime Achievement Award
Sponsored by Cytokinetics
Gary S. Francis, MD
University of Minnesota

2014 Jay N. Cohn New Investigator Award:
Clinical/Integrative
First Place:
Payman Zamani, MD
University of Pennsylvania
Second Place:
Christopher Sparrow, MD
Washington University in St. Louis

2014 Jay N. Cohn New Investigator Award:
Basic Science
First Place:
Silvio Antoniak, PhD
University of North Carolina
Second Place (tie):
Robert Baumgartner, MD
Heart and Vascular Institute, UPMC Presbyterian
Second Place (tie):
Anthony S. Fargnoli, MS
Carolinas HealthCare System

Member Highlight – Corrine Jurgens

Corrine Jurgens PhD, RN, Director of Cardiovascular Research and Associate Professor at Stony Brook University School of Nursing, served as Chair of the HFSA Nursing Committee for the past six years (2008-2014). During her tenure, Dr. Jurgens spearheaded several initiatives to increase nursing membership and visibility in HFSA.

First, she advocated for a nurse Co-Chair of Scientific Sessions. Subsequently, Dr. Barbara Riegel was selected as the first Nurse Co-Chair of Sessions held in 2010 followed by Dr. Robin Trupp and Dr. Debra Moser. To increase nursing participation in the Scientific Sessions, Dr. Jurgens developed a webinar for clinical nurses about writing scientific abstracts and developing posters. In addition to the webinar, she provided clinical nurses with one-on-one feedback and support for their abstract submissions. In addition, to deepen engagement by HFSA nursing members, Dr. Jurgens initiated a brown bag lunch seminar to increase awareness among nurses for opportunities to participate on HFSA Committees. Finally, to assure representation from both clinical and academic nurses, she restructured the Nursing Committee with Co-Chairs representing Clinical Practice and Academic Research.

As a Nursing Committee representative, Dr. Jurgens chaired the writing committee for a Scientific Statement on Heart Failure Management in Skilled Nursing Facilities. Dr. Jurgens is passionate about educating nurses at the bedside who are providing day-to-day care for patients with heart failure. Improving nurses’ education will improve patient’s outcomes and “patients are the bottom line.” Dr. Jurgens would like to see the momentum of nursing membership at HFSA continue to build. To maintain this momentum, she has encouraged all of us to invite our colleagues to Scientific Sessions, which will be held at the Gaylord National Resort and Convention Center in National Harbor, Maryland, September 26-29, 2015. On behalf of the Nursing Committee, we would like to thank Dr. Jurgens for her successful tenure and for being instrumental in increasing nursing membership, specifically nurse practitioner membership by 65%.

Ruth Masterson Creber, PhD, RN
Awardee Highlight – Christopher S. Lee

Dr. Christopher S. Lee, RN, PhD, FAHA

Dr. Lee received the 2014 HFSA Nursing Leadership award for his work with the Interdisciplinary Advocacy Committee on full scope of practice and greater engagement in leadership for nurses to improve the health of patients with heart failure and their families (see joint position statement: http://www.ncbi.nlm.nih.gov/pubmed/23141852), and for his program of research on integrative symptom biology and heart failure symptom management.

Dr. Lee is an Associate Professor at Oregon Health & Science University School of Nursing and Knight Cardiovascular Institute. Dr. Lee holds a PhD from the University of Pennsylvania and completed a post-doctoral fellowship at the University of Arizona Center for Health Outcomes and Pharmacoeconomics. His biobehavioral research centers on the biological underpinning of heart failure symptoms and on how patients and their families manage heart failure symptoms. Dr. Lee has secured external funding for several research studies in heart failure, published more than 60 peer-reviewed manuscripts that have been cited more than 600 times, was honored with both the Martha N. Hill and Marie Cowan Awards from the American Heart Association, and was conferred as a Fellow of the American Heart Association and the American Academy of Nursing within his first four years on faculty. Dr. Lee championed the efforts of the HFSA Interdisciplinary Advocacy Committee to develop a position statement on advocating for full scope of practice and engagement in leadership for nurses as means to improve heart failure patient outcomes. In addition to this being an important advocacy statement for heart failure nursing, this statement was also an attempt to bring together two organizations (the HFSA and the American Association of Heart Failure Nurses) to focus efforts on the overlapping priorities to improve the care and outcomes of patients with heart failure and their families. Dr. Lee plans to continue to engage in leadership within the HFSA, American Heart Association and other interdisciplinary organizations to focus on improving outcomes for patients with heart failure and their families. Dr. Lee stated that we are all leaders and all followers, but we should heed the call toward actionable leadership when it comes to patient and family advocacy.

Seongkum Heo, PhD

Awardee Highlight – Carolyn Miller Reilly

Dr. Carolyn Miller Reilly, PhD, RN, CHFN, FAHA: 2014 HFSA Nursing Research Awardee

Dr. Reilly said that she was “just so excited to have been able to present the research and then to have won!” Dr. Reilly continually stated the unique impact of the study. “The impact of nursing interventions is often limited to patient report or satisfaction, but in this study, we were able to demonstrate direct cost savings and decreased 30 day readmission in persons receiving this intervention. Adding on cost effective analysis alongside a clinical trial of nursing interventions is critical to demonstrate the worth of our actions. My research seeks on several fronts to improve the self-care of persons with cardiovascular disease and prevent it in those with elevated risk. In each of these areas, I employ CEA methodology so that we can quantify all outcomes important to the patient and society.” Dr. Reilly’s paper based on this research was presently under review at Journal of Cardiac Failure.

Dr. Reilly’s recent funded research includes the assessment of outcomes in persons with heart failure randomized to differing levels of fluid restriction and a second line of inquiry, assessing the cardiovascular disease risk and subclinical disease in persons who have received cancer treatments. Future research endeavors center on fostering better self-monitoring of fluid status in persons with HF with novel technology devices and interventions to reduce CVD disease risk in cancer survivors.

Seongkum Heo, PhD
Awardee Highlight - Karol Harshaw-Ellis
Karol Harshaw-Ellis, MSN, DNP, GNP, A/ACNPBC: Nursing Clinical Excellence Awardee

Dr. Harshaw-Ellis said that “Winning the HFSA Nursing Clinical Excellence Award is a great honor for me both personally and professionally. I am truly humbled to be amongst the list of prestigious recipients. It is a privilege to be selected for a national award by my nursing peers. As a nurse practitioner, each day I strive to provide the highest possible care to heart failure patients and it is extremely rewarding for those efforts to be acknowledged. I am truly grateful to my physician colleague’s Dr. Eapen and Dr. O’Connor for this nomination.”

Dr. Harshaw-Ellis works in the Duke Heart Failure Same Day Access Clinic (HF SDAC). She is one of two nurse practitioners and a physician that staff the clinic. Dr. Harshaw-Ellis said that “The SDAC is a unique nurse practitioner model that was developed to reduce HF emergency room visits and readmissions. However, over the span of almost three years, the clinic has become much more. The SDAC is now a key intervention with transitioning HF patients from hospital to home. Patients with acute HF symptoms can self-refer or be referred by their health care provider for same day treatment. An important management tool utilized is intravenous bolus and/or continuous eight hour diuretic infusions.”

As a nurse practitioner, Dr. Harshaw-Ellis’ goals are “to continue to develop innovative models of care that will improve outcomes and quality of life for HF patients” and “to seek opportunities to enhance her expertise and experience, so she may be able to provide even better care to HF patients and their families in future.”

Seongkum Heo, PhD

HFSA One-on-One Mentoring Program
The HFSA Mentoring Program is based on a one-to-one pairing of a senior association member (mentor) and an early career member (mentee). Early career is defined as a professional within their first five years in heart failure. The timeframe for HFSA mentorship will be 24 months, commencing at the Annual Meeting. During this time, the mentee and mentor will work to fashion their own unique mentoring partnership and use this foundation to create a successful relationship.

The Early Career Committee is currently seeking qualified MENTORS and MENTEES for this program. Nurses at any level are encouraged to apply.

Eligibility:
- Be an HFSA Member
- Any Physician, Nurse, Pharmacist, Physician Assistant, or Allied Health Professional in the first 5 years of Heart Failure
- Commit to a 24 month mentorship

The application deadline is Friday, July 31st, 2015

For more information, please visit the website: http://www.hfsa.org/hfsa-wp/wp/mentoring-program/

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